



BDI Candidate Intake Questionnaire

1. Most days I am generally _____.
 - a. Happy and do not feel sad
 - b. Sad and unhappy
 - c. Sad all the time and cannot snap out of it
 - d. So sad and unhappy that I cannot stand it

2. When I think of the future _____.
 - a. I am not particularly discouraged
 - b. I feel discouraged
 - c. I feel that I have nothing to look forward to
 - d. I feel that the future is hopeless and that things cannot improve

3. When considering my life accomplishments _____.
 - a. I do not feel like I am a failure
 - b. I feel that I have failed more than the average person
 - c. All I can see is a lot of failures
 - d. I feel that I am a complete failure as a person

4. As I go through my day _____.
 - a. I get as much satisfaction out of things as I used to
 - b. I don't enjoy things the way I used to
 - c. I don't get any real satisfaction out of anything anymore
 - d. I am dissatisfied and bored with everything

5. When considering my past behaviors _____.
 - a. I don't feel particularly guilty
 - b. I feel guilty a good part of the time
 - c. I feel quite guilty most of the time
 - d. I feel guilty all of the time

6. When considering how others treat me _____.
 - a. I don't feel as if I am being punished
 - b. I feel I may be punished
 - c. I expect to be punished
 - d. I feel that I am being punished

7. When considering who I am as a person _____.
 - a. I don't feel disappointed in myself
 - b. I am disappointed in myself
 - c. I am disgusted with myself
 - d. I hate myself

8. In comparison to others _____.
 - a. I don't think I feel I am any worse than anyone else
 - b. I am critical of myself for my weaknesses or mistakes
 - c. I blame myself all the time for my faults
 - d. I blame myself for everything bad that happens

9. Have you ever had thoughts of suicide?
 - a. I never have any thoughts of killing myself
 - b. I have thoughts of killing myself, but would never carry them out
 - c. I would like to kill myself
 - d. I would kill myself if I had the chance

10. Do you have bouts of crying?
 - a. I don't cry any more than usual
 - b. I cry more now than I used to
 - c. I cry all the time lately
 - d. I used to be able to cry, but now I can't even though I want to

11. As I go through my day _____.
 - a. I am no more irritated by things than I ever was
 - b. I am slightly more irritated now than usual
 - c. I am quite annoyed or irritated a good deal of the time
 - d. I feel irritated all of the time

12. When it comes to my personal relationships _____.
 - a. I have not lost interest in other people
 - b. I am less interested in other people than I used to be
 - c. I have lost most of my interest in other people
 - d. I have completely lost all interest in other people

13. How would you gauge your decision making abilities?
 - a. I make decisions as well as I ever could
 - b. I put off making decisions more than I used to
 - c. I have greater difficulty making decisions more than I used to
 - d. I cannot make decisions at all anymore

14. In terms of my appearance _____.
 - a. I don't feel that I look worse than I used to
 - b. I am worried that I am looking older or unattractive
 - c. I feel that there are permanent changes in my appearance that make me look unattractive
 - d. I believe that I am ugly

15. At work _____.
- I work as well as always
 - It takes extra effort to get started doing tasks
 - I have to push myself very hard to do anything
 - I cannot work at all
16. When I go to bed _____.
- I sleep as well as usual
 - I don't sleep as well as I used to
 - I wake up 1-2 hours earlier than usual and find it hard to get back to sleep
 - I wake up several hours earlier than I used to and cannot get back to sleep
17. In terms of my energy level _____.
- I don't get more tired than usual
 - I get tired more easily than I used to
 - I get tired from doing almost anything
 - I am too tired to do anything
18. In terms of my diet _____.
- My appetite is no worse than usual
 - My appetite is not as good as it used to be
 - My appetite is much worse now
 - I have no appetite at all anymore
19. In terms of my weight _____.
- I haven't lost much weight, if any, lately
 - I have lost more than 5 pounds recently
 - I have lost more than 10 pounds recently
 - I have lost more than 15 pounds recently
20. With respect to my overall health _____.
- I am no more worried about my health than usual
 - I experience physical problems such as aches and pains, upset stomach or constipation
 - I am very worried about physical problems and its hard to think of much else
 - I am so worried about my physical problems that I can't think of anything else
21. In terms of my sex life _____.
- I have not noticed any recent change in my interest in sex
 - I am less interested in sex than I used to be
 - I have almost no interest in sex
 - I have lost interest in sex completely